

## RISK CHART FOR MEN

Find the line closest to your age and smoking status.† The numbers tell you **how many of 1,000 men will die in the next 10 years from....**

|     |               | Vascular Disease |           | Cancer             |           |           | Infection |     |          | Lung Disease | Accidents | All Causes Combined* |
|-----|---------------|------------------|-----------|--------------------|-----------|-----------|-----------|-----|----------|--------------|-----------|----------------------|
| Age | Smoking       | Heart Disease    | Stroke    | Lung               | Colon     | Prostate  | Pneumonia | Flu | AIDS     | COPD         |           |                      |
| 35  | Never smoker  | 1                | 1         | Fewer than 1 death |           |           |           |     | 2        |              | 5         | 15                   |
|     | <b>Smoker</b> | <b>7</b>         | <b>1</b>  |                    |           |           | <b>1</b>  |     |          | <b>2</b>     |           | <b>5</b>             |
| 40  | Never smoker  | 3                | 1         | 1                  | 1         |           |           |     | 2        |              | 6         | 24                   |
|     | <b>Smoker</b> | <b>14</b>        | <b>2</b>  | <b>4</b>           | <b>1</b>  |           |           |     | <b>2</b> | <b>1</b>     | <b>6</b>  | <b>62</b>            |
| 45  | Never smoker  | 6                | 1         | 1                  | 1         |           |           |     | 2        |              | 6         | 35                   |
|     | <b>Smoker</b> | <b>21</b>        | <b>3</b>  | <b>8</b>           | <b>1</b>  |           | <b>1</b>  |     | <b>2</b> | <b>2</b>     | <b>6</b>  | <b>91</b>            |
| 50  | Never smoker  | 11               | 1         | 1                  | 2         | 1         | 1         |     | 1        |              | 5         | 49                   |
|     | <b>Smoker</b> | <b>29</b>        | <b>5</b>  | <b>18</b>          | <b>2</b>  | <b>1</b>  | <b>1</b>  |     | <b>1</b> | <b>3</b>     | <b>5</b>  | <b>128</b>           |
| 55  | Never smoker  | 19               | 3         | 1                  | 3         | 2         | 1         |     | 1        | 1            | 5         | 74                   |
|     | <b>Smoker</b> | <b>41</b>        | <b>7</b>  | <b>34</b>          | <b>3</b>  | <b>1</b>  | <b>2</b>  |     | <b>1</b> | <b>7</b>     | <b>4</b>  | <b>178</b>           |
| 60  | Never smoker  | 32               | 5         | 2                  | 5         | 3         | 2         |     | 1        | 1            | 5         | 115                  |
|     | <b>Smoker</b> | <b>56</b>        | <b>11</b> | <b>59</b>          | <b>5</b>  | <b>3</b>  | <b>3</b>  |     | <b>1</b> | <b>16</b>    | <b>4</b>  | <b>256</b>           |
| 65  | Never smoker  | 52               | 9         | 4                  | 8         | 6         | 3         |     |          | 3            | 6         | 176                  |
|     | <b>Smoker</b> | <b>74</b>        | <b>16</b> | <b>89</b>          | <b>7</b>  | <b>6</b>  | <b>5</b>  |     |          | <b>26</b>    | <b>5</b>  | <b>365</b>           |
| 70  | Never smoker  | 87               | 18        | 6                  | 10        | 12        | 6         |     |          | 5            | 7         | 291                  |
|     | <b>Smoker</b> | <b>100</b>       | <b>26</b> | <b>113</b>         | <b>9</b>  | <b>10</b> | <b>9</b>  |     |          | <b>45</b>    | <b>6</b>  | <b>511</b>           |
| 75  | Never smoker  | 137              | 32        | 8                  | 13        | 19        | 12        |     |          | 6            | 11        | 449                  |
|     | <b>Smoker</b> | <b>140</b>       | <b>39</b> | <b>109</b>         | <b>11</b> | <b>15</b> | <b>16</b> |     |          | <b>60</b>    | <b>9</b>  | <b>667</b>           |

† A never smoker has smoked less than 100 cigarettes in his life and a current smoker has smoked at least 100 cigarettes or more in his life and smokes (any amount) now.

\* The numbers in each row do not add up the chance of dying from everything combined, because there are many other causes of death besides the ones listed here.

## RISK CHART FOR WOMEN

Find the line closest to your age and smoking status †. The numbers tell you **how many of 1,000 women will die in the next 10 years from....**

|     |               | Vascular Disease |           | Cancer      |               |              |                           |                 | Infection |     |          | Lung Disease | Accidents | All Causes Combined* |
|-----|---------------|------------------|-----------|-------------|---------------|--------------|---------------------------|-----------------|-----------|-----|----------|--------------|-----------|----------------------|
| Age | Smoking       | Heart Disease    | Stroke    | Lung Cancer | Breast Cancer | Colon Cancer | Ovarian Cancer            | Cervical Cancer | Pneumonia | Flu | AIDS     | COPD         |           |                      |
| 35  | Never smoker  | 1                |           |             | 1             |              |                           |                 |           |     | 1        |              | 2         | 14                   |
|     | <b>Smoker</b> | <b>1</b>         | <b>1</b>  | <b>1</b>    | <b>1</b>      |              |                           |                 |           |     | <b>1</b> |              | <b>2</b>  | <b>14</b>            |
| 40  | Never smoker  | 1                |           |             | 2             | 1            | <b>Fewer than 1 death</b> |                 |           |     | 1        | 2            | 19        |                      |
|     | <b>Smoker</b> | <b>4</b>         | <b>2</b>  | <b>4</b>    | <b>2</b>      |              |                           |                 |           |     | <b>1</b> | <b>1</b>     | <b>2</b>  | <b>27</b>            |
| 45  | Never smoker  | 2                | 1         | 1           | 3             | 1            | 1                         |                 |           |     | 1        |              | 2         | 25                   |
|     | <b>Smoker</b> | <b>9</b>         | <b>3</b>  | <b>7</b>    | <b>3</b>      | <b>1</b>     | <b>1</b>                  |                 | <b>1</b>  |     | <b>1</b> | <b>2</b>     | <b>2</b>  | <b>45</b>            |
| 50  | Never smoker  | 4                | 1         | 1           | 4             | 1            | 1                         |                 |           |     |          |              | 2         | 37                   |
|     | <b>Smoker</b> | <b>13</b>        | <b>5</b>  | <b>14</b>   | <b>4</b>      | <b>1</b>     | <b>1</b>                  |                 | <b>1</b>  |     |          | <b>4</b>     | <b>2</b>  | <b>69</b>            |
| 55  | Never smoker  | 8                | 2         | 2           | 6             | 2            | 2                         | 1               | 1         |     |          | 1            | 2         | 55                   |
|     | <b>Smoker</b> | <b>20</b>        | <b>6</b>  | <b>26</b>   | <b>5</b>      | <b>2</b>     | <b>2</b>                  | <b>1</b>        | <b>1</b>  |     |          | <b>9</b>     | <b>2</b>  | <b>110</b>           |
| 60  | Never smoker  | 14               | 4         | 3           | 7             | 3            | 3                         | 1               | 1         |     |          | 2            | 2         | 84                   |
|     | <b>Smoker</b> | <b>31</b>        | <b>8</b>  | <b>41</b>   | <b>6</b>      | <b>3</b>     | <b>3</b>                  | <b>1</b>        | <b>2</b>  |     |          | <b>18</b>    | <b>2</b>  | <b>167</b>           |
| 65  | Never smoker  | 25               | 7         | 5           | 8             | 5            | 4                         | 1               | 2         |     |          | 3            | 3         | 131                  |
|     | <b>Smoker</b> | <b>45</b>        | <b>15</b> | <b>55</b>   | <b>7</b>      | <b>5</b>     | <b>3</b>                  | <b>1</b>        | <b>4</b>  |     |          | <b>31</b>    | <b>3</b>  | <b>241</b>           |
| 70  | Never smoker  | 46               | 14        | 7           | 9             | 7            | 4                         | 1               | 4         |     |          | 5            | 4         | 207                  |
|     | <b>Smoker</b> | <b>66</b>        | <b>25</b> | <b>61</b>   | <b>8</b>      | <b>6</b>     | <b>4</b>                  | <b>1</b>        | <b>7</b>  |     |          | <b>44</b>    | <b>4</b>  | <b>335</b>           |
| 75  | Never smoker  | 86               | 30        | 7           | 10            | 10           | 5                         | 1               | 8         |     |          | 6            | 7         | 335                  |
|     | <b>Smoker</b> | <b>99</b>        | <b>34</b> | <b>58</b>   | <b>10</b>     | <b>9</b>     | <b>4</b>                  |                 | <b>14</b> |     |          | <b>61</b>    | <b>7</b>  | <b>463</b>           |

† A never smoker has smoked less than 100 cigarettes in her life and a current smoker has smoked at least 100 cigarettes or more in her life and smokes (any amount) now.

\* The numbers in each row do not add up the chance of dying from everything combined, because there are many other causes of death besides the ones listed here.

## RISK CHART FOR MEN

Find the line closest to your age and smoking status.† The numbers tell you **how many of 1,000 men will die in the next 10 years from....**

|     |               | Vascular Disease |           | Cancer     |                           |           | Infection |     |          | Lung Disease | Accidents | All Causes Combined* |
|-----|---------------|------------------|-----------|------------|---------------------------|-----------|-----------|-----|----------|--------------|-----------|----------------------|
| Age | Smoking       | Heart Disease    | Stroke    | Lung       | Colon                     | Prostate  | Pneumonia | Flu | AIDS     | COPD         |           |                      |
| 35  | Never smoker  | 1                | 1         |            |                           |           |           |     | 2        |              | 5         | 15                   |
|     | Former smoker | 2                | 1         | 1          |                           |           |           |     | 2        |              | 5         | 23                   |
|     | <b>Smoker</b> | <b>7</b>         | <b>1</b>  | <b>1</b>   | <b>Fewer than 1 death</b> |           |           |     | <b>2</b> |              | <b>5</b>  | <b>42</b>            |
| 40  | Never smoker  | 3                | 1         | 1          | 1                         |           |           |     | 2        |              | 6         | 24                   |
|     | Former smoker | 4                | 1         | 1          | 1                         |           |           |     | 2        |              | 6         | 34                   |
|     | <b>Smoker</b> | <b>14</b>        | <b>2</b>  | <b>4</b>   | <b>1</b>                  |           |           |     | <b>2</b> | <b>1</b>     | <b>6</b>  | <b>62</b>            |
| 45  | Never smoker  | 6                | 1         | 1          | 1                         |           |           |     | 2        |              | 6         | 35                   |
|     | Former smoker | 10               | 1         | 4          | 1                         |           | 1         |     | 2        | 1            | 6         | 49                   |
|     | <b>Smoker</b> | <b>21</b>        | <b>3</b>  | <b>8</b>   | <b>1</b>                  |           | <b>1</b>  |     | <b>2</b> | <b>2</b>     | <b>6</b>  | <b>91</b>            |
| 50  | Never smoker  | 11               | 1         | 1          | 2                         | 1         | 1         |     | 1        |              | 5         | 49                   |
|     | Former smoker | 17               | 2         | 7          | 2                         | 1         | 1         |     | 1        | 2            | 5         | 72                   |
|     | <b>Smoker</b> | <b>29</b>        | <b>5</b>  | <b>18</b>  | <b>2</b>                  | <b>1</b>  | <b>1</b>  |     | <b>1</b> | <b>3</b>     | <b>5</b>  | <b>128</b>           |
| 55  | Never smoker  | 19               | 3         | 1          | 3                         | 2         | 1         |     | 1        | 1            | 5         | 74                   |
|     | Former smoker | 27               | 3         | 13         | 3                         | 2         | 1         |     | 1        | 7            | 4         | 107                  |
|     | <b>Smoker</b> | <b>41</b>        | <b>7</b>  | <b>34</b>  | <b>3</b>                  | <b>1</b>  | <b>2</b>  |     | <b>1</b> | <b>7</b>     | <b>4</b>  | <b>178</b>           |
| 60  | Never smoker  | 32               | 5         | 2          | 5                         | 3         | 2         |     | 1        | 1            | 5         | 115                  |
|     | Former Smoker | 41               | 6         | 22         | 5                         | 3         | 2         |     | 1        | 12           | 5         | 166                  |
|     | <b>Smoker</b> | <b>56</b>        | <b>11</b> | <b>59</b>  | <b>5</b>                  | <b>3</b>  | <b>3</b>  |     | <b>1</b> | <b>16</b>    | <b>4</b>  | <b>256</b>           |
| 65  | Never smoker  | 52               | 9         | 4          | 8                         | 6         | 3         |     |          | 3            | 6         | 176                  |
|     | Former Smoker | 60               | 11        | 32         | 7                         | 6         | 4         |     |          | 20           | 5         | 247                  |
|     | <b>Smoker</b> | <b>74</b>        | <b>16</b> | <b>89</b>  | <b>7</b>                  | <b>6</b>  | <b>5</b>  |     |          | <b>26</b>    | <b>5</b>  | <b>365</b>           |
| 70  | Never smoker  | 87               | 18        | 6          | 10                        | 12        | 6         |     |          | 5            | 7         | 291                  |
|     | Former Smoker | 90               | 18        | 44         | 10                        | 11        | 7         |     |          | 34           | 7         | 362                  |
|     | <b>Smoker</b> | <b>100</b>       | <b>26</b> | <b>113</b> | <b>9</b>                  | <b>10</b> | <b>9</b>  |     |          | <b>45</b>    | <b>6</b>  | <b>511</b>           |
| 75  | Never smoker  | 137              | 32        | 8          | 13                        | 19        | 12        |     |          | 6            | 11        | 449                  |
|     | Former smoker | 135              | 31        | 53         | 12                        | 18        | 14        |     |          | 50           | 11        | 519                  |
|     | <b>Smoker</b> | <b>140</b>       | <b>39</b> | <b>109</b> | <b>11</b>                 | <b>15</b> | <b>16</b> |     |          | <b>60</b>    | <b>9</b>  | <b>667</b>           |

† A never smoker has smoked less than 100 cigarettes in his life; a current smoker has smoked at least 100 cigarettes or more in his life and smokes (any amount) now; a former smoker has smoked at least 100 cigarettes in the past, but no longer smokes now.

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## RISK CHART FOR WOMEN

Find the line closest to your age and smoking status†. The numbers tell you **how many of 1,000 women will die in the next 10 years from...**

|     |               | Vascular Disease |           | Cancer      |               |              |                           |                 | Infection |     |          | Lung Disease | Accidents | All Causes Combined* |          |          |           |
|-----|---------------|------------------|-----------|-------------|---------------|--------------|---------------------------|-----------------|-----------|-----|----------|--------------|-----------|----------------------|----------|----------|-----------|
| Age | Smoking       | Heart Disease    | Stroke    | Lung Cancer | Breast Cancer | Colon Cancer | Ovarian Cancer            | Cervical Cancer | Pneumonia | Flu | AIDS     | COPD         |           |                      |          |          |           |
| 35  | Never smoker  | 1                |           |             | 1             |              |                           |                 |           |     | 1        |              | 2         | 14                   |          |          |           |
|     | Former Smoker | 2                | 1         | 1           | 1             |              |                           |                 |           |     | 1        |              | 2         | 15                   |          |          |           |
|     | <b>Smoker</b> | <b>1</b>         | <b>1</b>  | <b>1</b>    | <b>1</b>      |              |                           |                 |           |     | <b>1</b> |              | <b>2</b>  | <b>14</b>            |          |          |           |
| 40  | Never smoker  | 1                |           |             | 2             | 1            | <b>Fewer than 1 death</b> |                 |           |     |          | 1            |           | 2                    | 19       |          |           |
|     | Former Smoker | 2                | 1         | 2           | 2             |              |                           |                 |           |     |          |              |           | 1                    | 1        | 2        | 26        |
|     | <b>Smoker</b> | <b>4</b>         | <b>2</b>  | <b>4</b>    | <b>2</b>      |              |                           |                 |           |     |          |              |           | <b>1</b>             | <b>1</b> | <b>2</b> | <b>27</b> |
| 45  | Never smoker  | 2                | 1         | 1           | 3             | 1            | 1                         |                 |           |     | 1        |              | 2         | 25                   |          |          |           |
|     | Former Smoker | 5                | 1         | 3           | 3             | 1            | 1                         |                 |           |     | 1        | 1            | 2         | 37                   |          |          |           |
|     | <b>Smoker</b> | <b>9</b>         | <b>3</b>  | <b>7</b>    | <b>3</b>      | <b>1</b>     | <b>1</b>                  |                 | <b>1</b>  |     | <b>1</b> | <b>2</b>     | <b>2</b>  | <b>45</b>            |          |          |           |
| 50  | Never smoker  | 4                | 1         | 1           | 4             | 1            | 1                         |                 |           |     |          |              | 2         | 37                   |          |          |           |
|     | Former Smoker | 7                | 1         | 5           | 4             | 1            | 1                         |                 | 1         |     |          | 3            | 2         | 52                   |          |          |           |
|     | <b>Smoker</b> | <b>13</b>        | <b>5</b>  | <b>14</b>   | <b>4</b>      | <b>1</b>     | <b>1</b>                  |                 | <b>1</b>  |     |          | <b>4</b>     | <b>2</b>  | <b>69</b>            |          |          |           |
| 55  | Never smoker  | 8                | 2         | 2           | 6             | 2            | 2                         | 1               | 1         |     |          | 1            | 2         | 55                   |          |          |           |
|     | Former Smoker | 10               | 3         | 11          | 6             | 2            | 2                         | 1               | 1         |     |          | 7            | 2         | 80                   |          |          |           |
|     | <b>Smoker</b> | <b>20</b>        | <b>6</b>  | <b>26</b>   | <b>5</b>      | <b>2</b>     | <b>2</b>                  | <b>1</b>        | <b>1</b>  |     |          | <b>9</b>     | <b>2</b>  | <b>110</b>           |          |          |           |
| 60  | Never smoker  | 14               | 4         | 3           | 7             | 3            | 3                         | 1               | 1         |     |          | 2            | 2         | 84                   |          |          |           |
|     | Former Smoker | 18               | 5         | 17          | 6             | 3            | 3                         | 1               | 1         |     |          | 14           | 2         | 125                  |          |          |           |
|     | <b>Smoker</b> | <b>31</b>        | <b>8</b>  | <b>41</b>   | <b>6</b>      | <b>3</b>     | <b>3</b>                  | <b>1</b>        | <b>2</b>  |     |          | <b>18</b>    | <b>2</b>  | <b>167</b>           |          |          |           |
| 65  | Never smoker  | 25               | 7         | 5           | 8             | 5            | 4                         | 1               | 2         |     |          | 3            | 3         | 131                  |          |          |           |
|     | Former Smoker | 34               | 9         | 23          | 8             | 5            | 3                         | 1               | 3         |     |          | 26           | 3         | 191                  |          |          |           |
|     | <b>Smoker</b> | <b>45</b>        | <b>15</b> | <b>55</b>   | <b>7</b>      | <b>5</b>     | <b>3</b>                  | <b>1</b>        | <b>4</b>  |     |          | <b>31</b>    | <b>3</b>  | <b>241</b>           |          |          |           |
| 70  | Never smoker  | 46               | 14        | 7           | 9             | 7            | 4                         | 1               | 4         |     |          | 5            | 4         | 207                  |          |          |           |
|     | Former Smoker | 59               | 18        | 32          | 9             | 7            | 4                         | 1               | 5         |     |          | 42           | 4         | 302                  |          |          |           |
|     | <b>Smoker</b> | <b>66</b>        | <b>25</b> | <b>61</b>   | <b>8</b>      | <b>6</b>     | <b>4</b>                  | <b>1</b>        | <b>7</b>  |     |          | <b>44</b>    | <b>4</b>  | <b>335</b>           |          |          |           |
| 75  | Never smoker  | 86               | 30        | 7           | 10            | 10           | 5                         | 1               | 8         |     |          | 6            | 7         | 335                  |          |          |           |
|     | Former Smoker | 101              | 34        | 35          | 10            | 9            | 4                         | 1               | 10        |     |          | 52           | 7         | 452                  |          |          |           |
|     | <b>Smoker</b> | <b>99</b>        | <b>34</b> | <b>58</b>   | <b>10</b>     | <b>9</b>     | <b>4</b>                  |                 | <b>14</b> |     |          | <b>61</b>    | <b>7</b>  | <b>463</b>           |          |          |           |

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